

CHUCKS GYM PRESENTS

The Art of Pitching

Featuring

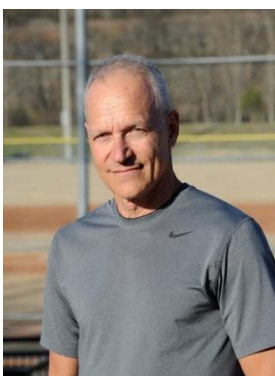
Kevin Ziomek – Taylor Hill – Chuck Schumacher



Kevin Ziomek was drafted in the 13th round out of Amherst High School in Massachusetts. He instead elected to play baseball at Vanderbilt University from 2011-2013, and graduated with a degree in Managerial and Organizational studies. While playing baseball for Vandy, he compiled a 3.04 ERA with 241 strikeouts. In the 2013 MLB draft, Kevin was selected in the second round by the Detroit Tigers. He was named Tigers minor league pitcher of the year in 2015 by MLB pipeline, finishing the season with a 3.43 ERA along with 143 strikeouts in 154.2 innings pitched.



Taylor Hill is a native of Old Hickory TN. After graduating from Mt Juliet High School in 2007, Taylor attended Vanderbilt University from 2008-2011 graduating with a major in Human and Organizational Development. Taylor was in the starting rotation on Vanderbilt's baseball team for three years and was drafted by the Washington Nationals in the 6th round following his senior season. He made his MLB debut in June, 2014.



Chuck Schumacher is an American karate and baseball instructor and owner of Chucks Gym in Franklin, TN. Chucks longtime training in martial arts has resulted in an expert understanding of movements of the body & discipline of the mind. He has become known for his ability to work with young athletes to achieve skill & develop character. The mainstay of his teaching & writing has been to educate parents and coaches to play their role correctly so kids can enjoy the process of skill development while learning life lessons. He is the author of *How to Play Baseball: A Parent's Role in Their Child's Journey*.

The **Art of Pitching** clinic will cover all aspects of the most pressure filled position on the field. Six Station/Seminar sessions will include:

- Grips
- PFP (Pitchers Fielding Practice)
- Basic mechanics & mental preparation
- Mound work
- Pickoffs, holding runners, balks
- Skill based drills for perfecting basics

Ages 9 -12 – (Maximum 18 participants)

Date & Time – **January 16, 2:00-4:00 pm** (Autograph session following)

Quest Performance Training Center
1595 Mallory Lane - Franklin, TN

Cost – 150.00

For info, contact **Chuck Schumacher – 615-406-5269**
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